January 2018 Newsletter

HAPPY NEW YEAR!

Thank you, Ms. Newton

Ms. Newton has decided to retire and will not be returning in January. We want to thank her for doing and incredible job with our students and will miss her. Ms. Courtney Burdock will be taking her place. Ms. Burdock is a former Route 40 students and just graduated from Frostburg State University with her teaching degree in Elementary Education. We look forward to working with Ms. Burdock.

January 2, 2017 First Day

Students will return to school on January 2, 2018.

January 4-H

Our next meeting will be January 18, 2018 from 3:30 p.m. to 5:00 p.m.

Student Wellness

Route 40 staff has been awarded a School Wellness grant for $1500 from the Garrett County Health Department. We are starting a daily exercise log for students to record minutes of active exercise. We will send home calendars for the months of January – April. We ask that the calendars be returned monthly to receive the new one. Students participating in 30 minutes or more of physical activity will be placed in a drawing for a prize. The calendars will be sent home with your child.

Noon Dismissal

January 30, 2018 is scheduled for a noon dismissal. In the event there is inclement weather on that day, the noon dismissal will occur the next full day of school.

Love and Logic Tip

What memories do you treasure from the holidays of your youth?

Here I sit trying to remember the cool gifts I received and the spectacularly entertaining things we did as a family. I don't remember much about the stuff… or the entertainment. I do remember the people.

I vividly remember Christmas when I was four. Grandma Marie was there. By the following year, cancer had taken her away. How thankful I am that we had time… sweet time where we were quiet and still and just enjoyed being together. Isn't it sad that it sometimes requires a great illness for us to still ourselves and truly connect with the people we love?

Be with the people you love… not just under the same roof.

The greatest holiday gifts we can give our kids are limits… mostly limits on ourselves and the other adults in our lives.

The limits we set with ourselves mostly involve curbing the natural inclination to do the impossible… make the holidays a perfect experience for everyone. We all know what happens when we attempt to make everyone happy.

The limits we set with the other adults in our lives involve taking good care of

ourselves and our kids. Caution! Some of these may cause severe shock:

We can't wait to see you guys. We'll need to leave by six so we can spend some quiet time with the kids before bedtime.

We love you and want to spend time with you. We are trying to help the kids be more relaxed and rested, so we'll need to do this on another day.

We want to spend relaxed time with everyone, so we'll be ordering pizza.

Thanks for reading!
Dr. Charles Fay

January Events

2	**Students return to school**
8	**PTO 6:00**
15	**No School Martin Luther King, Jr. Day**
17	**End of Term 2**
18	**Noon Dismissal unless there are more snow days**
30	**Noon Dismissal**