

November 2016

Garrett County Board of Education Food & Nutrition Services—Elementary Breakfast & Lunch

Mon	Tue	Wed	Thu	Fri
	<p>1</p> <p>Hot Dog or Pizza Broccoli Peaches Baked Beans Milk</p> <p>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>	<p>2</p> <p>Chicken Nuggets or BBQ Chicken Nuggets Tossed Salad Pears Re-fried Beans Milk</p> <p>Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>3</p> <p>Beef Ravioli or Corn Dog Corn Applesauce Carrot Sticks Milk</p> <p>Pancakes, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>4</p> <p><u>BREAKFAST FOR LUNCH</u> Waffles & Sausage Patties or Pizza Tater Tots Mixed Fruit Apple Wedges Milk</p> <p>Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>7</p> <p>SCHOOLS CLOSED</p> <p>PARENT/TEACHER CONFERENCES</p>	<p>8</p> <p>SCHOOLS CLOSED</p> <p>ELECTION DAY</p>	<p>9</p> <p>Flat Bread Pizza or BBQ Chicken Nuggets Sweet Potato Tots Pears Mixed Vegetables Milk</p> <p>Cereal Bar, Cereal, Raisins, Fruit Juice, Milk</p>	<p>10</p> <p>Macaroni & Cheese or Corn Dog Peas Peaches Roasted Garbanzo Beans Milk</p> <p>Sausage Biscuit, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</p>	<p>11</p> <p>Spaghetti or Pizza Tossed Salad Mixed Fruit Corn Milk</p> <p>Yogurt, Cereal, Peach Cup, Apple Juice, Milk</p>
<p>14</p> <p>Chicken Patty or Chicken Nuggets Mixed Vegetables Pears French Fries Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>15</p> <p>Baked Fish or Pizza Koos Koos Banana Broccoli Milk</p> <p>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>	<p>16</p> <p>Nachos Grande or BBQ Chicken Nuggets Corn Strawberry Applesauce Tossed Salad Milk</p> <p>Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>17</p> <p>Chicken Salad or Corn Dog Peas Peaches Carrot Sticks Milk</p> <p>Breakfast Bites, Cereal, Applesauce Cup, Grape Juice, Milk</p>	<p>18</p> <p>Hamburger or Pizza Oven Roasted Potatoes Mixed Fruit Baked Beans Milk</p> <p>Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>21</p> <p>Grilled Cheese or Turkey & Cheese Sandwich or Chicken Nuggets Broccoli Peaches Tomato Soup Milk</p> <p>Double Chocolate Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</p>	<p>22</p> <p>Diced Turkey w/Gravy over Biscuits or Turkey & Cheese Sandwich or Pizza Mashed Potatoes Pineapple Green Beans Pumpkin Pie Milk</p> <p>French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>23</p> <p><u>BREAKFAST FOR LUNCH</u> Pancakes & Sausage Patties or Turkey & Cheese Sandwich or BBQ Chicken Nuggets Tater Tots Peach Cup Juice Cup Milk</p> <p>Cereal Bar, Cereal, Banana, Fruit Juice, Milk</p>	<p>24</p> <p>SCHOOLS CLOSED</p> <p>THANKSGIVING BREAK</p>	<p>25</p> <p>SCHOOLS CLOSED</p> <p>THANKSGIVING BREAK</p>
<p>28</p> <p>Fish or Ham & Cheese Sandwich or Chicken Nuggets Sweet Potato Tots Pears Mixed Vegetables Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>29</p> <p>BBQ Chicken or Ham & Cheese Sandwich or Pizza Mashed Potatoes Pineapple Green Beans Milk</p> <p>Breakfast Pizza, Cereal, Peach Cup, Fruit Juice, Milk</p>	<p>30</p> <p>Macaroni & Cheese or Ham & Cheese Sandwich or BBQ Chicken Nuggets Peas Peaches Roasted Garbanzo Beans Milk</p> <p>Pumpkin Swirl, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>Items served daily for Lunch:</p> <p>Bread Basket Peanut Butter & Jelly Sandwich</p>	